Independent Checksheets Independent Checksheets Foundation

CHECKSHEET OF 2 MAY 2010

Non-Confidential Downloads

THE INDEPENDENT METHOD ONE CO-AUDIT

 NAME: ______ORG: ______

 POST/OCCUPATION: ______

 DATE STARTED: ______ DATE COMPLETED: ______

PREREQUISITES: There are no prerequisites for this course. (HQS is recommended).

Note: One can receive Method One Word Clearing in the HGC. This course is for anyone who wishes to get Method One Word Clearing by co-auditing it with another.

The Method One Co-audit Checksheet is normally done just before the Student Hat. However, if you cannot receive Method One immediately due to case reasons (e.g., being in the middle of a major auditing action), one can do the Student Hat while completing the necessary auditing actions and then do the Method One Co-audit Checksheet.

PURPOSE: To train a student to co-audit Method One Word Clearing.

STUDY TECH: The second section of this course teaches important basics of study technology. They are to be applied in full as you learn them and as you continue through the course.

By initialing the black after each checksheet entry, you are attesting that you fully understand and can apply the data. DRILLS ARE TO BE DONE FULLY TO THEIR RESULTS.

MATERIALS: Hubbard Method One Co-Audit Course Pack A Mark Super VII, Mark VI or Mark V E-Meter Book: Introducing the E-Meter Book: E-Meter Essentials Book: The Book of E-Meter Drills Book: The Fundamentals of Thought

You are required to maintain a standard course schedule. Study and work during your class periods and outside of class. You have a lot to study and get checked out on in order to complete this course. You can't afford to waste time.

This course is done with a twin, per HCOB 21 Aug. 79, TWINNING.

You may be credited with materials you have studied on previous checksheets.

PRODUCT: A student who has successfully co-audited on Method One Word Clearing.

CERTIFICATE: HUBBARD METHOD ONE CO-AUDIT COURSE GRADUATE.

LENGTH OF COURSE: Three to four weeks full time, at eight hours per day, five days per week (four days to complete the checksheet up to the co-auditing section).

NOTE: THIS IS A CO-AUDIT COURSE. COMPLETION OF THIS COURSE DOES NOT QUALIFY ONE AS A PROFESSIONAL AUDITOR OR WORD CLEARER, NOR DOES IT ENTITLE ONE TO DO ANY KIND OF AUDITING OR WORD CLEARING OTHER THAN CO-AUDITING METHOD ONE WORD CLEARING.

SECTION A: KEEPING SCIENTOLOGY WORKING

1.	HCO	PL 7 Feb. 65	KSW Series 1 KEEPING SCIENTOLOGY WORKING	 	
1.	HCO	PL 17 June 70RB	KSW Series 5R TECHNICAL DEGRADES	 	
		SECTION B	: STUDY TECH BASICS		
1.	HCOE	3 21 Sept. 70	Study Series 1 STUDY DEFINITIONS	 	
2.	the iss your s (You y	sue laying out the stud student points for the s will be continuing to ke	se Supervisor for a copy of ent points system. Work out tudy you have done so far. ep track of your student o the Course Supervisor	 	
3.	HCOE	3 25 June 71R	Word Clearing Series 3R BARRIERS TO STUDY	 	
4.	sympt descri	toms of each of the foll	aper, and place your write-up		
	a.	Lack of mass.		 	
	b.	Too steep a gradient.		 	
	C.	A misunderstood wor	d.	 	
5.		PL 23 July 81R I . 10.1.84	Study Series 12 THE USE OF DEMONSTRATION	 	
6.	DEMC studyi): Demonstrate, using ing.	a demo kit, a student	 	
7.		8 17 July 79RB I . 26.2.89	Word Clearing Series 64RB THE MISUNDERSTOOD WORD DEFINED	 	
8.	sympt descr	toms of each of the foll	aper, and place your write-up		
	a.	A false (totally wrong) definition.	 	
	b.	An invented definition	1.	 	
	С.	An incomplete definit	ion.	 	
	d.	An incorrect definition	1.	 	
	e.	An unsuitable definition	on.	 	

	f. A homonymic definit	tion.	
	g. A substitute definitio	n.	
	h. An omitted (missing) definition.	
	i. A no-definition.		
	j. A rejected definition		
9.	ESSAY: Write up five differ could be misunderstood or essay into the Course Supe		
10.	HCOB 23 Mar. 78RB	Word Clearing Series 59RB CLEARING WORDS	
11.	PRACTICAL: Turn to the b and review HCO PL KEEP WORKING. Starting from t clear any words you did no the issue as you go. Write results and turn your write- Supervisor.		
12.	HCOB 4 Sept. 71 III	Word Clearing Series 20 SIMPLE WORDS	
13.	HCOB 13 Feb. 81R Rev. 25.7.87	Word Clearing Series 67R DICTIONARIES	
14.	DEMO: How to select a go as a student.		
15.	HCOB 19 June 72	Word Clearing Series 37 DINKY DICTIONARIES	
	SECTION	C: THE AUDITORS CODE	
1.	HCO PL 14 Oct. 68RA Rev. 19.6.80	THE AUDITOR'S CODE	
2.	DEMO: Each point of the A	Auditor's Code.	
1	2	3	4
5	6	7	8
9.	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24
25	26	27	28
29			

SECTION D: TRAINING ROUTINES

1.	Book:			amentals of Thought The ARC Triangle"		
2.	DEMO	D :				
	a.	Affinity				
	b.	Reality				
	С.	Commu	inication			
	d.		creasing on the other co	e corner of the ARC triangle prners.		
	e.	The form	mula of com	nmunication.		
3.	HCOE	8 24 May	681	COACHING		
4.	DEMC): The pi	urpose of a	coach.		
5.		3 16 Aug . 5.7.78	. 71R II	TRAINING DRILLS REMODERNIZED Through the section on OT TR 0		
	done	at co-auc		hese TRs are supposed to be per HCOB 30 May 80R, T TRs.		
6.	DRILL: Do OT TR 0 with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill.					
7.		3 16 Aug . 5.7.78	. 71R II	TRAINING DRILLS REMODERNIZED section on TR 0		
8.	DRILL: Do TR 0 with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill.			have improved your ability to do		
9.		3 16 Aug . 5.7.78	. 71R II	TRAINING DRILLS REMODERNIZED section on TR 0 Bullbait		
10.	are fa	miliar wit	h how to do	with another student until you o it, have improved your ability or and have had a win on the		
11.		3 16 Aug . 5.7.78	. 71R II	TRAINING DRILLS REMODERNIZED section on TR 1		
12.	DRILL: Do TR 1 with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill.					
13.		3 16 Aug . 5.7.78	. 71R II	TRAINING DRILLS REMODERNIZED section on TR 2		

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14.	DRILL: Do TR 2 with another familiar with how to do it, have what the drill calls for and has	lity to do		 	
15.	HCOB 16 Aug. 71R II Rev. 5.7.78	TRAINING DRILLS REMODERNIZED section on TR 2 ½	_		
16.	DRILL: Do TR 2 ½ with and familiar with how to do it, hav what the drill calls for and has	ve improved your abi	lity to do		
17.	HCOB 16 Aug. 71R II Rev. 5.7.78	TRAINING DRILLS REMODERNIZED section on TR 3	_		
18.	DRILL: Do TR 3 with another student until you are familiar with how to do it, have improved your ability to do what the drill calls for and have had a win on the drill.				
19.	HCOB 16 Aug. 71R II Rev. 5.7.78	TRAINING DRILLS REMODERNIZED section on TR 4	_		
20.	DRILL: Do TR 4 with another familiar with how to do it, has what the drill calls for and has	ve improved your abi	lity to do		
21.	DRILL: Continue drilling TRs OT TR 0 – TR 4 with another student, applying the HCOB on coaching and the "Training Note" at the end of HCO 16 Aug. 71R, TRAINING DRILLS REMODERNIZED. Cycle through the TRs on a gradient, stiffening the gradient each time through. Continue cycleing through the TRs until you have had wins on each TR and can do each competently.				
OT T	TR 0	TR 2			
TR ()	TR 2 ½			
TR () BB	TR 3			
TR 1	I	TR 4			

SECTION E: METERING

1. Book: Introducing the E-Meter

Have an E-Meter to hand while you study this book. Do the actions described in the book with your meter. The student must perform each step as called for in the book. (Refer to the owner's manual for your meter as needed.)

- a. Chapter: "How the E-Meter Works"
- b. Chapter: "Setting Up the E-Meter"
- c. Chapter: "The Sensitivity Knob"

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	d. Chapter	r: "The Needle	e "	 	
	e. Chapter	r: "The Tone A	Arm"	 	
	f. Chapter	r: "Needle Act	ion"	 	
	g. Chapter	r: "Meter Repa	air"	 	
	h. Chapter	r: "Get E-Mete	er Training"	 	
2.	Book:	<i>The Book of</i> Forward	E-Meter Drills	 	
3.	HCOB 24 May	681	E-METER DRILL COACHING	 	
4.	DRILL:	E-Meter Drill "Touch and I	1: _et Go of the E-Meter"	 	
5.	DRILL:	E-Meter Drill "E-Meter Far		 	
6.	DRILL:	Counter" (Re	3: and Reading a Tone Arm efer to the owner's manual er as needed.)	 	
7.	DRILL:	External Pre	3A: Check of the E-Meter by cision Resistors" (Refer to manual for your meter as	 	
8.	DRILL:	- · ·	4: an E-Meter" (Refer to the ual for your meter as	 	
9.	HCOB 11 May Rev. 8.7.78	69R	METER TRIM CHECK	 	
10.	DRILL: Doing 69R. The coar out of trim befor turns the mete after-session r position found departure from drill is passed can do a stance	 			
11.	DRILL:	E-Meter Drill "Can Squeez		 	
12.	DRILL:	E-Meter Drill "Handling the	6: e Tone Arm and Sensitivity"	 	
13.	DRILL:	E-Meter Drill "Tone Arm R		 	
14.	DRILL:	E-Meter Drill "Tone Arm B	-	 	

15.	DRILL:	E-Meter Drill 11: "Superlative Tone Arm Handling"			
16.	Book:	<i>E-Meter Ess</i> Chapter F	entials		
17.	HCOB 21 July	78	WHAT IS A FLOATING NEEDLE?		
18.	DRILL:	E-Meter Drill "Needle Action			
19.	DRILL:	E-Meter Drill "Needle Moti Recognition"	on and No Motion		
20.	DRILL:	E-Meter Drill "Familiarizati	15: on with Reading an E-Meter"		
21.	DRILL:	E-Meter Drill "The Product	16: tion of Needle Actions"		
22.	DRILL:	E-Meter Drill "What Makes Cleaning a R	s the E-Meter Read and		
23.	HCOB 5 Aug.	78	INSTANT READS		
24.	DRILL:	E-Meter Drill "Instant Read			
25.	HCOB 22 July	78	ASSESSMENT TRs		
26.	DRILL:	E-Meter Drill "Assessment	24: t by Instant Read"		
27.	DRILL:	E-Meter Drill "Differentiation Reads"	26: on Between Sizes of Needle		
28.	DRILL:	E-Meter Drill "Needle Obs			
		SECTION	F: AUDITOR ADMIN		
1.	HCOB 6 Nov. 6)9R	Auditor Admin Series 14RA THE WORKSHEETS		
2.	DEMO: The pu	irpose of the s	ession worksheets.		
3.	HCOB 5 Nov. 8	37	Auditor Admin Series 13RA THE AUDITOR'S REPORT FORM		
4.	DEMO: The pu	rpose of the A	Auditor's Report Form.		
5.	HCOB 17 Mar. Rev. 12.11.8		Auditor Admin Series 12RA SUMMARY REPORT FORM		
6.	DEMO: The purpose of the Summary Report Form.				

7.	HCOE	3 31 Oct 87	Auditor Admin Series 7RA THE FOLDER SUMMARY		
8.	DEMO): The purpose of the I	Folder Summary.		
9.		8 13 Nov. 87 . 12.11.87	Auditor Admin Series 3RA THE PC FOLDER AND ITS CONTENTS		
10.			ollowing, assemble them in the Supervisor:		
	a.	A dummy set of works "Do birds fly?" run to	sheets showing the process EP.		
	b.	· · · · · · · · · · · · · · · · · · ·	eport Form showing the ocess "Do birds fly?" was run.		
	C.	A dummy Summary F session.	Report Form for the above		
	d.	A dummy Folder Sum	mary entry for the session.		
		SECTION G: E	BASIC SESSION ACTIONS		
1.		8 4 Dec. 77R . 19.8.87	CHECKLIST FOR SETTING UP SESSION AND AN E-METER		
2.	HCOE	8 9 Aug. 78 II	Word Clearing Series 52 CLEARING COMMANDS		
3.	DRILL: Clearing commands on a doll. Coach answers for the doll and holds the cans, squeezing the cans to simulate reads. The student clears the commands "Do fish swim?" and "Do birds fly?" On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can standardly clear commands, keeping accurate worksheets.				
	instruc These course rudime	ctions on the use of ruc procedures are not ta e. Unless you have be ents earlier, the Super	MODEL SESSION, includes diments and Havingness. hught as part of this co-audit en trained on flying rvisor will arrange for another I in your co-audit sessions.]		
4.	HCOE	8 11 Aug. 78 II	MODEL SESSION		
5.	DRILL: Model session, on a doll. Coach answers for the doll and squeezes the cans to simulate reads. The student starts, runs and ends a dummy session in which the processes "Do fish swim?" and "Do birds fly?" are run. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when the student has demonstrated he can do model session procedure (excluding rudiments and Havingness, unless trained on these earlier).				

SECTION H: METHOD ONE WORD CLEARING

1. HCOB 30 June 71RC II Rev. 3.3.89

Word Clearing Series 8RC STANDARD C/S FOR WORD CLEARING IN SESSION METHOD ONE

- 2. **DIAGRAM:** Draw a diagram showing how a subject is cleared using Method One Word Clearing procedure including finding and clearing earlier words in the subject, finding and handling earlier-similar subjects, and taking the subject to EP with all words found F/Ned. Turn your diagram in to the Supervisor.
- 3. **DEMO:** The EP of:
 - а. Handling a single word.
 - Handling a subject. b.
 - Method One Word Clearing C.
- **DEMO:** The full Method One Word Clearing procedure. 4.
- 5. **DRILL:** Method One Word Clearing procedure on a doll. Coach answers for the doll and squeezes the cans to simulate reads. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when he has demonstrated he can do the full Method One Word Clearing procedure with metering and admin in.
- DRILL: A full Method One Word Clearing session, on a 6. doll. Coach answers for the doll and squeezes the cans to simulate reads. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when he has demonstrated he can do a complete Method One Word Clearing session, from start to finish.
- 7. HCOB 4 Dec. 78 HOW TO READ THROUGH AN F/N
- 8. **DRILL:** Sit down in front of the meter with an F/Ning student on the cans and assess the prepared lists in The Book of E-Meter Drills. Spot each time you get a "check" or a "slow" or any change in an otherwise continuing F/N. Coach sits behind student and flunks any miscalled reads, referring the student to the exact LRH reference violated. The drill is passed when the student can read through an F/N and is adept at this.

SECTION I: STUDENT THEORY COMPLETION

STUDENT ATTEST: 1

I Attest that I have no misunderstoods on the course materials and can successfully apply the materials of this course.

STUDENT ATTEST: _____ DATE: _____

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2. SUPERVISOR ATTEST:

I attest that the above-named student has fully completed the checksheet, knows and can apply the materials of the course and has no misunderstoods.

SU	PERV	'ISOR ATTEST:	DATE:				
3.	3. EXAMINATION:						
	An examination is fully passed in Qual on the materials of this checksheet. Passing grade is 85 percent. Missed questions are handled in Cramming.						
STI	UENT	EXAMINER:	DATE:				
	SECTION J: CO-AUDITING						
		CO-AUDITING ON THIS COURSE IS DONE IN THE COURSE ROOM. UNDER SUPERVISION. IF YOU INTO TROUBLE IN A SESSION, PUT YOUR HAN BEHIND YOUR BACK AND THE SUPERVISOR V COME AND ASSIST YOU.	U RUN ND				
	1.	Audit your twin on Method One Word Clearing to completion.					
		C/S:					
2	2.	Receive Method One Word Clearing from your twin completion.	n to				
		C/S:					

SECTION K: COURSE COMPLETION

1. STUDENT ATTEST:

I Attest that I have no misunderstoods on the course materials and can successfully apply the materials of this course.

ST	UDE	NT A	TTE	ST:	

_____ DATE: _____

SUPERVISOR ATTEST:

I attest that the above-named student has fully completed the checksheet, knows and can apply the materials of the course and has no misunderstoods.

SUPERVISOR ATTEST: _____ DATE: _____

SECTION I: STUDENT THEORY COMPLETION

1. STUDENT COMPLETION:

I have completed the requirements of this checksheet and I know and can apply the materials studied.

STUDENT ATTEST: DATE:

I have trained this student to the best of my ability and he/she has completed the requirements of this checksheet and knows and completely applies study tech.

STI	JDE	NT ATTEST:	DATE:			
2.	STUDENT ATTEST AT C&A:					
	l attest :					
	a.	I have exchanged for my course.				
	b. I have studied and understand all the materials on the checksheet.					
	c. I have done all the drills on the checksheet.					
	d.	I can produce the results required in the materials	of the course.			
STUDENT ATTEST: DATE:						
C&/	۹:		DATE:			
3.	CE	RTS AND AWARDS:				
		s graduate has been issued a certificate of HUBBA DIT COURSE GRADUATE.	RD METHOD ONE CO-			
C&/	۹:		DATE:			
	(F	Route this checksheet to the Course Admin for filing	in the student's folder.)			

Revision by Independent Checksheet Compilations

DK:jaw